



# 2011



## Routine Physical Exam\* Verification Form

I verify that \_\_\_\_\_ obtained a routine physical  
employee's name  
exam\* on \_\_\_\_\_ from \_\_\_\_\_  
exam date physician's or practice name

### *To be completed by physician/medical practice:*

Full Name (print): \_\_\_\_\_  
License Number: \_\_\_\_\_  
Phone Number: (      ) \_\_\_\_\_  
Date: \_\_\_\_\_  
Physician Signature: \_\_\_\_\_

### *To be completed by employee:*

Name (print): \_\_\_\_\_  
ID #: \_\_\_\_\_  
Site: \_\_\_\_\_  
Signature: \_\_\_\_\_

- \* For this verification form, a routine physical exam includes:
- Taking of a family medical history and patient's social history
  - Checking the eyes, ears, nose, throat, abdominal area, swallowing, appetite, digestion, circulation, and lungs
  - Taking a urine specimen and a blood sample (full blood draw only)
  - Additional tests such as a chest X-ray, EKG, rectal examination, or stress test may be provided.

If you have a routine physical exam (as described above) between October 1, 2009 and December 10, 2010, you will meet your requirements for a physical exam for *Health is Wealth* 2011. All required documentation is to be submitted by December 10, 2010 to receive your 2011 *Health is Wealth* points.

### *Important Notes*

1. IGHL has the right to deny Health Is Wealth points if the certification is suspect.
2. In the case of a suspect certification, IGHL may confirm participation by checking health plan records and/or require the employee to provide the Explanation of Benefits (EOB) for the routine physical exam.

***Return this fully completed and signed form to Human Resources to receive your 150 Health Is Wealth points.***

For HR Use Only:  
Received By: \_\_\_\_\_ Date Received/Posted: \_\_\_\_\_